



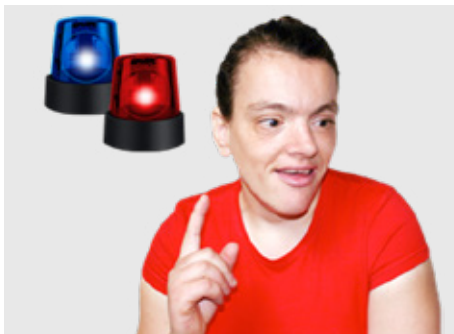
Resources for NDIS  
Emergency and Disaster  
Management

# Guide to make your emergency plan

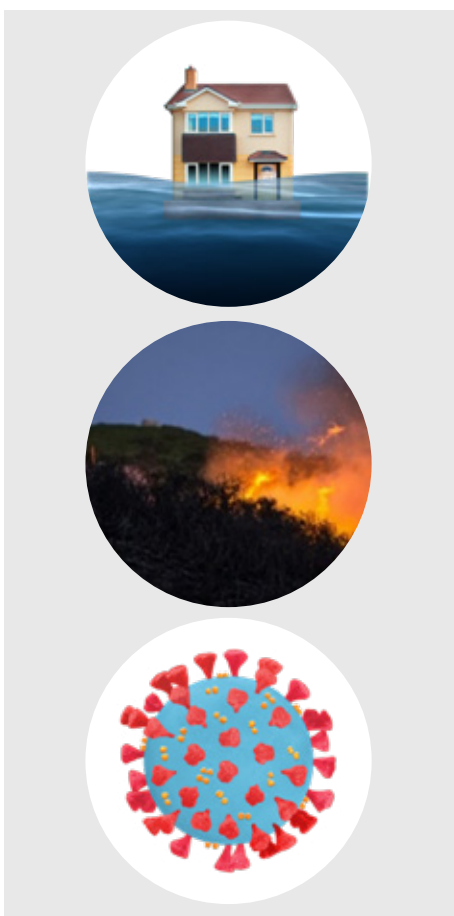


[www.r4ned.au](http://www.r4ned.au)

# Guide to make your emergency plan

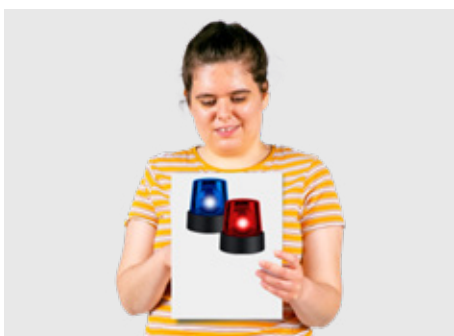


It is good to know what to do if there is an **emergency or disaster**.



An **emergency or disaster** can be things like

- Floods and storms
- Bushfires
- Covid19.



This guide will help you make a plan for if an emergency or disaster happens.

# Who can help you with your plan



You do not have to make your emergency plan on your own.



You can ask someone you trust for support.



This might be

- Your family or friends
- Your NDIS provider
- Organisations where you live like your Council or neighbourhood centre.



Some people with disability live in **Specialist Disability Accommodation**.



**Specialist disability accommodation** are homes where people with disability live together.



They are sometimes called group homes.

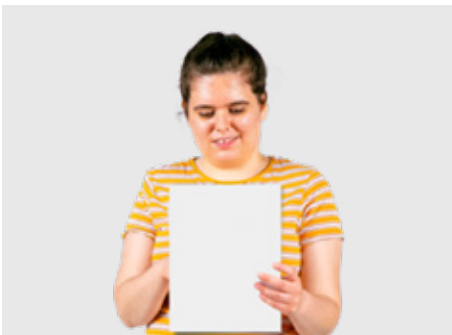


If you live in specialist disability accommodation you should make a plan with your NDIS provider.

## Get started with your plan



Think about if you already have an emergency plan.



If you do you should look at it to see if it is still right.



You should change your emergency plan if things in your life change like

- Where you live
- Who supports you.



You can use information from your other plans for your emergency plan.



This might be plans like

- Your health plan
- Your support plan
- Your **emergency evacuation plan.**



An **emergency evacuation plan** says what support you need to leave your home fast.

# Templates for emergency plans



Many people use **templates** to help them with their emergency plans.



A **template** is like a form you can fill in.



There are lots of different templates you can use to make your emergency plan.



Many people with disability use the Person Centred Emergency Preparedness Toolkit.

We will say **P CEP** for short.



**P CEP** has information to help people with disability get ready for emergencies.



To learn more about P CEP go to this website  
**[www.collaborating4inclusion.org/pcep-old](http://www.collaborating4inclusion.org/pcep-old)**



The Australian Red Cross has an Easy Read template called RediPlan.



To look at the template go to  
**<https://www.redcross.org.au/globalassets/cms/downloads/pdfs/disaster-plan/easy-english-rediplan-accessible.pdf>**





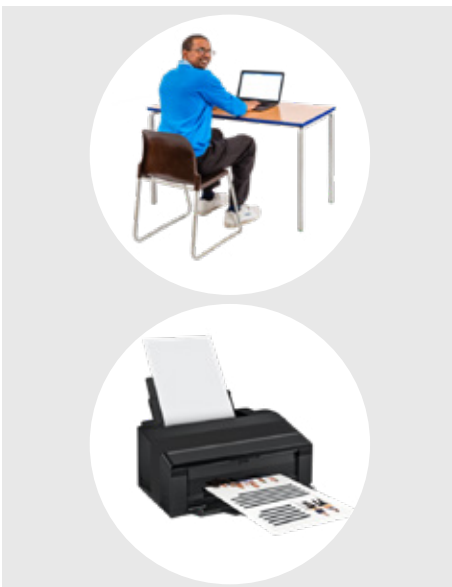
You can also get RediPlan as an app for your phone.



To get the app for your phone go to [www.redcross.org.au/emergencies/prepare/get-prepared-app](http://www.redcross.org.au/emergencies/prepare/get-prepared-app)

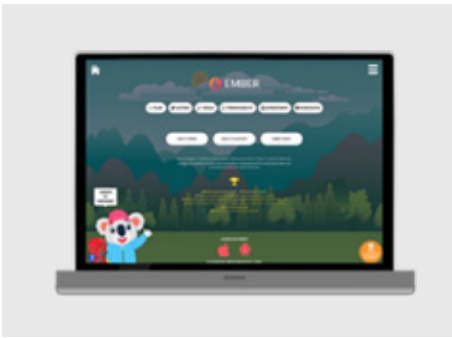


Ember also has a template you can use to make your emergency plan.



You can

- Fill in the template online
- Print it out and fill it in on the paper.



To look at the template go to

<https://emberapp.com.au/wp-content/themes/astra-child/assets/images/Ember-MyEmergencyPlanForm.pdf>



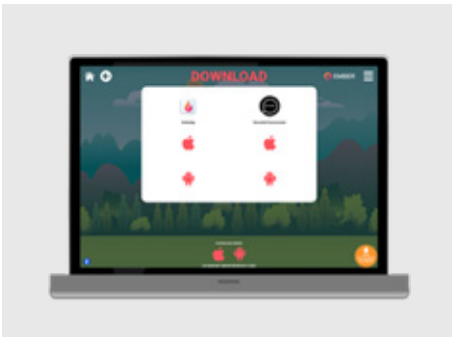
You can also get the Ember template as an app for your phone.



The app is also good for people that do not talk.



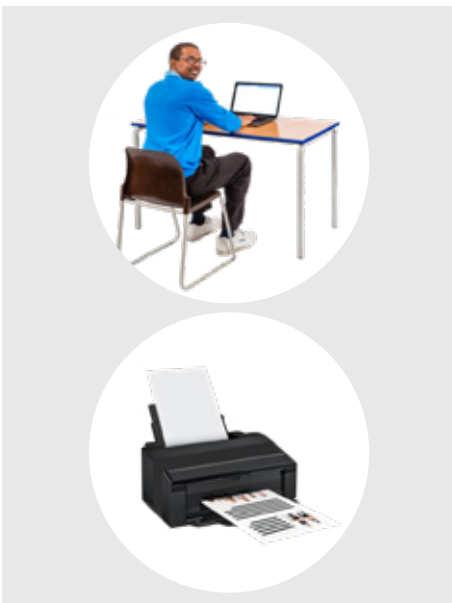
It has ways to tell other people what you need without talking.



To get the app for your phone go to [www.emberapp.com.au/download](http://www.emberapp.com.au/download)



R4NED also has a template for emergency plans.



You can

- Fill in our template online
- Print it out and fill it in on the paper.



To use our template go to

**[www.r4ned.au/wp-content/uploads/2024/06/EMP-template-accessible.pdf](http://www.r4ned.au/wp-content/uploads/2024/06/EMP-template-accessible.pdf)**

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